

**TOPIC**  
**1**
**Meeting people for the first time**
 Can-do をチェックしましょう

★☆☆ : I did it, but could do it better.   ★★☆☆ : I did it.   ★★★ : I did it well.

<b>1. Hello everyone</b>		d/m/y Evaluation ☆☆☆ Comment
 <b>Can-do 01</b>	Can listen to a coherent self introduction and understand the important points, such as the person's profile, the things he/she is interested in, his/her hopes and aspirations, etc.	
Did you more or less understand the four people's profiles? Did you understand the things they are interested in and their hopes and aspirations? Were you able to ask questions when there was a word you did not understand?		
<b>2. Excuse me, but...</b>		d/m/y Evaluation ☆☆☆ Comment
 <b>Can-do 02</b>	Can start talking to someone one does not know, ask questions about him/her, and talk about oneself in detail.	
Were you able to start talking to someone you do not know? Were you able to ask questions politely? Were you able to talk about yourself in detail?		
<b>3. I'm Mai. Nice to meet you</b>		d/m/y Evaluation ☆☆☆ Comment
 <b>Can-do 03</b>	Can give a coherent self introduction containing one's profile, one's hopes and aspirations, etc.	
Were you able to talk about your profile and hopes and aspirations? Were you able to do simple PR for yourself? Were you able to speak coherently?		
<b>4. Feel free to follow me</b>		d/m/y Evaluation ☆☆☆ Comment
 <b>Can-do 04</b>	Can read a self introduction on a social network site and more or less understand what type of person he/she is.	
Were you able to find the information you wanted to know? Were you able to more or less understand what type of people the four people were? Were you able to guess the meaning of words written in kanji that you did not know?		
<b>5. Write a profile</b>		d/m/y Evaluation ☆☆☆ Comment
 <b>Can-do 05</b>	Can write a self introduction including what one is interested in, one's hopes and aspirations, etc., on a social network site.	
Were you able to write about what you are interested in? Were you able to write about your hopes, aspirations, etc.? Were you able to write within the character limit?		

TOPIC  
1

## Meeting people for the first time

My  
phrases

---

---

---

---

---

---

---

---

---

---

## Record of experiences of Japanese language and culture



Make a note of things you have done related to the topic. If you have any photos or other material, put them in a file so that you can introduce them to other people.

## 1. Things you experienced in the classroom

## 2. Things you did 'Outside the Classroom'

## 3. Other things you did



**TOPIC**  
**2**
**Food I recommend**
 Can-do をチェックしましょう

★☆☆ : I did it, but could do it better.   ★★☆☆ : I did it.   ★★★ : I did it well.

<b>1. The fish is particularly good here</b>		d/m/y
 <b>Can-do 06</b> Can listen to someone introducing a restaurant and understand important information such as what the food is like and how much it costs.	Evaluation ☆☆☆ Comment	
Were you able to understand what type of restaurant it is? Were you able to understand the special characteristics of the restaurant (food, cost, service, etc.) ? Were you able to ask the meaning of the word when you could not understand?		
<b>2. Okonomiyaki flour is...</b>		d/m/y
 <b>Can-do 07</b> Can talk about what ingredients to buy for a dish, where to buy them, how to use them, etc., while shopping with someone.	Evaluation ☆☆☆ Comment	
Were you able to ask questions about the ingredients and how to make the dish? Were you able to share your ideas about the ingredients and how to make the dish? Were you able to ask questions when you could not remember a word or phrase?		
<b>3. You should definitely try it</b>		d/m/y
 <b>Can-do 08</b> Can explain in a way that is easy to understand, for example, the characteristics of a dish from one's country, and the way it is made.	Evaluation ☆☆☆ Comment	
Were you able to talk about what the dish looks like, how it is made, how it tastes, etc.? Were you able to add some extra information? Were you able to think about the order of what you said?		
<b>4. Using potatoes is the key</b>		d/m/y
 <b>Can-do 09</b> Can read a recipe for a dish and understand, for example, the ingredients, how it is made, and the points one should be careful of.	Evaluation ☆☆☆ Comment	
Were you able to understand the ingredients and the order in which the dish is made? Were you able to understand the points you should be careful of when making the dish? Were you able to read and work out the overall meaning of the text from the words you know?		
<b>5. How to make "Simple Sukiyaki"</b>		d/m/y
 <b>Can-do 10</b> Can write a note telling a friend how to make a dish.	Evaluation ☆☆☆ Comment	
Were you able to write the ingredients for the dish? Were you able to write how the dish is made? Were you able to think about the organisation of the note?		

TOPIC  
2

## Food I recommend

My  
phrases

## Record of experiences of Japanese language and culture



Make a note of things you have done related to the topic. If you have any photos or other material, put them in a file so that you can introduce them to other people.

## 1. Things you experienced in the classroom

## 2. Things you did 'Outside the Classroom'

## 3. Other things you did



**TOPIC**  
**3**
**My favourite music**
 Can-do をチェックしましょう

★☆☆ : I did it, but could do it better.   ★★☆☆ : I did it.   ★★★ : I did it well.

<b>1. Enka of course!</b>		d/m/y Evaluation ☆☆☆ Comment
 <b>Can-do 11</b> Can listen to someone talking about a type of music and more or less understand its characteristics and appeal.		
Were you able to understand what type of music the speaker was recommending? Were you able to understand what the speaker said is good about it? Were you able to ask the meaning of words when you could not understand?		
<b>2. Good songs never grow old</b>		d/m/y Evaluation ☆☆☆ Comment
 <b>Can-do 12</b> Can talk to a friend about, for example, one's musical tastes and experiences, and make simple comments about what he/she says.		
Were you able to successfully invite a friend to karaoke? Were you able to talk about a song you like and your experiences of karaoke? Were you able to make comments and brief responses while listening to your friend?		
<b>3. The great thing about her is...</b>		d/m/y Evaluation ☆☆☆ Comment
 <b>Can-do 13</b> Can explain the reasons why one likes the music one likes and explain its appeal.		
Were you able to introduce in simple terms the music you like? Were you able to give several reasons why you like it? Were you able to use connectives so that the relationship between sentences could be understood?		
<b>4. I went to see BEGIN in concert!</b>		d/m/y Evaluation ☆☆☆ Comment
 <b>Can-do 14</b> Can read a blog written about someone's impressions of a concert and understand what kind of concert it was and how the person felt.		
Were you able to understand the writer's impressions? Were you able to understand what kind of concert it was? Were you able to guess the meaning of words and phrases written in katakana?		
<b>5. Would you like to go?</b>		d/m/y Evaluation ☆☆☆ Comment
 <b>Can-do 15</b> Can write an e-mail inviting a friend to a concert, and explain what kind of concert it is in simple terms.		
Were you able to invite a friend to a concert? Were you able to explain in simple terms what kind of concert it is?		

TOPIC  
3

## My favourite music

My  
phrases

---

---

---

---

---

---

---

---

---

---

## Record of experiences of Japanese language and culture



Make a note of things you have done related to the topic. If you have any photos or other material, put them in a file so that you can introduce them to other people.

## 1. Things you experienced in the classroom

## 2. Things you did 'Outside the Classroom'

## 3. Other things you did



**TOPIC**  
**4**
**Let's go to a hot spring!**
 Can-do をチェックしましょう

☆☆☆ : I did it, but could do it better.   ★☆☆ : I did it.   ★★★ : I did it well.

<b>1. I'm at a hot spring now</b>		d/m/y
	<b>Can-do 16</b> Can listen to an outside broadcast report from a travel TV programme and understand the characteristics and appeal of, for example, hot spring and Japanese inns.	Evaluation ☆☆☆ Comment
Were you able to more or less understand the differences between the four hot springs? Were you able to understand the characteristics of each of the hot springs? Were you able to work out the meaning of words from the pictures and photographs?		
<b>2. My first time in a Japanese inn</b>		d/m/y
	<b>Can-do 17</b> Can ask for food, a room, etc., to be changed at a hotel or Japanese inn and give reasons.	Evaluation ☆☆☆ Comment
Were you able to give reasons, let your wishes be known and ask people to do things? Were you able to use polite words and phrases? Were you able to skillfully use words and phrases such as "ええと" and "あのー"?		
<b>3. The place I want to go to most of all is...</b>		d/m/y
	<b>Can-do 18</b> Can talk with a certain degree of detail about one's hopes and plans for a trip, such as where one wants to go and what one wants to do there.	Evaluation ☆☆☆ Comment
Were you able to talk about where you want to go? Were you able to say with a certain degree of detail what you want to do there? Were you able to talk about the place where you want to go in a logical order so that you could be understood?		
<b>4. I was very satisfied</b>		d/m/y
	<b>Can-do 19</b> Can read a customer review written about a hotel or Japanese inn on an internet travel website and understand the good points and bad points.	Evaluation ☆☆☆ Comment
Were you able to find the information you wanted to know? Were you able to understand the good points and bad points? Were you able to understand the writer's feelings from the words and phrases used?		
<b>5. Enquiry about food</b>		d/m/y
	<b>Can-do 20</b> Can ask questions and let one's wishes be known by e-mail to a hotel or Japanese inn one is planning to stay at.	Evaluation ☆☆☆ Comment
Were you able to make enquiries and let your wishes be known? Were you able to write using polite words and phrases?		

**TOPIC**  
**4**
**Let's go to a hot spring!**
**My  
phrases**


---



---



---



---



---



---



---



---

**Record of experiences of Japanese language and culture**


Make a note of things you have done related to the topic. If you have any photos or other material, put them in a file so that you can introduce them to other people.

**1. Things you experienced in the classroom**
**2. Things you did 'Outside the Classroom'**
**3. Other things you did**


**TOPIC**  
**5**

# How have you been lately?

★ Can-do をチェックしましょう

★☆☆ : I did it, but could do it better.   ★★☆☆ : I did it.   ★★★★★ : I did it well.

<b>1. Listen to this</b>		d/m/y Evaluation ☆☆☆ Comment
 <b>Can-do 21</b>	Can listen to an acquaintance talking about a recent occurrence and more or less understand what kind of thing happened.	
Were you able to more or less understand what kind of thing happened to the four people? Were you able to predict how the stories continued?		
<b>2. Work's been busy recently</b>		d/m/y Evaluation ☆☆☆ Comment
 <b>Can-do 22</b>	Can talk about one's recent news, ask a friend about his/her recent news, and talk about common problems.	
Were you able to talk about your recent news and ask your friend about his/her recent news? Were you able to talk about common problems, for example, problems other friends have? Were you able to use words and phrases appropriate for friends?		
<b>3. I've been getting into yoga recently</b>		d/m/y Evaluation ☆☆☆ Comment
 <b>Can-do 23</b>	Can talk with a degree of detail about one's recent news and recent occurrences, such as what has happened and how it was.	
Were you able to talk about what kind of thing happened so that the listener understood? Were you able to talk about your recent news and a recent occurrence in detail? Were you able to talk about events in sequential order?		
<b>4. As for my family, recently...</b>		d/m/y Evaluation ☆☆☆ Comment
 <b>Can-do 24</b>	Can read a letter from an acquaintance and understand most of what is written about his/her recent news.	
Were you able to more or less understand the recent news about each member of the family? Were you able to understand the organisation of the letter (what information is written in which part of the letter) ? Were you able to focus on the parts of the letter that contained new information?		
<b>5. How are you?</b>		d/m/y Evaluation ☆☆☆ Comment
 <b>Can-do 25</b>	Can write an e-mail to an acquaintance giving information about one's recent news.	
Were you able to use expressions appropriate to the reader? Were you able to write about your recent news concretely and in a way that is easily understood? Were you able to write an e-mail while thinking about (its) organization?		

**TOPIC**  
**5**

## How have you been lately?

My  
phrases

---



---



---



---



---



---



---



---

Record of experiences of Japanese language and culture



Make a note of things you have done related to the topic. If you have any photos or other material, put them in a file so that you can introduce them to other people.

1. Things you experienced in the classroom

2. Things you did 'Outside the Classroom'

3. Other things you did



**TOPIC**  
**6**
**Let's read manga**
 Can-do をチェックしましょう

★☆☆ : I did it, but could do it better.   ★★☆☆ : I did it.   ★★★ : I did it well.

<b>1. It's a really well-known manga</b>		d/m/y Evaluation ☆☆☆ Comment
 <b>Can-do 26</b>	Can listen to someone talking about a manga and understand what kind of story it is and what is good about it.	
Were you able to more or less understand the story and who the main characters were? Were you able to understand what he/she said was good about each of the manga? Were you able to check the meaning of words you did not understand?		
<b>2. This is Chopper's hat</b>		d/m/y Evaluation ☆☆☆ Comment
 <b>Can-do 27</b>	Can talk about the contents of, for example, a manga one likes, and say what one thinks about it. Can make comments in simple terms on what another person thinks.	
Were you able to introduce in simple terms the contents of a manga that you like? Were you able to give your thoughts about, for example, what is good about the story? Were you able to listen to another person introducing the contents of a manga he/she likes and make comments?		
<b>3. The story of the big man who liked to drink</b>		d/m/y Evaluation ☆☆☆ Comment
 <b>Can-do 28</b>	Can talk with a certain level of detail about a story you like, such as a manga.	
Were you able to say in simple terms what kind of story it was? Were you able to concretely tell part of the story? Were you able to use connectives to convey the relationship between different elements of the story in a way that was easy to understand?		
<b>4. She reads nothing but manga</b>		d/m/y Evaluation ☆☆☆ Comment
 <b>Can-do 29</b>	Can read posts on, for example, an online advice column, and more or less understand the problem and comments about these.	
Were you able to understand the main points of the problems the contributors were asking advice about? Were you able to understand the different opinions of each of the people who wrote the comments?		
<b>5. To "A Worried Mother"</b>		d/m/y Evaluation ☆☆☆ Comment
 <b>Can-do 30</b>	Can write in simple terms one's own comments about posts on, for example, an online advice column.	
Were you able to express the points that you wanted to make? Were you able to write your own thoughts and opinions while giving reasons and examples?		

**TOPIC**  
**6**
**Let's read manga**
**My  
phrases**


---



---



---



---



---



---



---



---

**Record of experiences of Japanese language and culture**


Make a note of things you have done related to the topic. If you have any photos or other material, put them in a file so that you can introduce them to other people.

**1. Things you experienced in the classroom**
**2. Things you did 'Outside the Classroom'**
**3. Other things you did**


**TOPIC**  
**7**
**Take on the challenge of martial arts!**

☆ Can-do をチェックしましょう

★☆☆ : I did it, but could do it better.   ★★☆☆ : I did it.   ★★★ : I did it well.

<b>1. I do JUDO</b>		d/m/y Evaluation ☆☆☆ Comment
 <b>Can-do 31</b> Can listen to an explanation about a sport, martial art, etc., and understand its appeal and special features.		
Were you able to understand what kind of person does each martial art? Were you able to understand what the people said was good about each martial art? Were you able to listen while checking the information that you thought was important?		
<b>2. What day is practice on?</b>		d/m/y Evaluation ☆☆☆ Comment
 <b>Can-do 32</b> Can ask questions about how to take martial arts classes, about rules, etc., and listen to and understand the explanation.		
Were you able to ask a number of questions about rules, how to take classes, etc.? Were you able to listen to the answers to questions, make comments and ask follow-up questions? Were you able to explain using different words when you did not know a word?		
<b>3. I learnt it at school when I was a child</b>		d/m/y Evaluation ☆☆☆ Comment
 <b>Can-do 33</b> Can describe a sport from one's country, including its special features, how it is played, etc., in a way that is easy to understand.		
Were you able to talk in simple terms about the sport's characteristics, history, how it is played, etc.? Were you able to describe how the sport is played now?		
<b>4. Japanese martial arts are becoming more and more popular overseas</b>		d/m/y Evaluation ☆☆☆ Comment
 <b>Can-do 34</b> Can read a short column about a martial art, sport, etc., and more or less understand what the writer thinks about it.		
Were you able to understand what the writer thought was a problem and why? Were you able to more or less understand what the writer thought about the martial art? Were you able to read paying attention to the organisation of the text, and where different kinds of things are written?		
<b>5. Enquiry about a class</b>		d/m/y Evaluation ☆☆☆ Comment
 <b>Can-do 35</b> Can write an e-mail of enquiry to a martial arts class, for example, asking how to take a class.		
Were you able to ask a number of questions about, for example, martial arts classes? Were you able to write reasons and details why you wanted to know the information?		

**TOPIC**  
**7**
**Take on the challenge of martial arts!**
**My  
phrases**


---



---



---



---



---



---



---



---

**Record of experiences of Japanese language and culture**


Make a note of things you have done related to the topic. If you have any photos or other material, put them in a file so that you can introduce them to other people.

**1. Things you experienced in the classroom**
**2. Things you did 'Outside the Classroom'**
**3. Other things you did**


**TOPIC**  
**8**
**Convenient gadgets**
 Can-do をチェックしましょう

★☆☆ : I did it, but could do it better.   ★★☆☆ : I did it.   ★★★ : I did it well.

<b>1. I can't go anywhere without my smartphone!</b>		d/m/y
Evaluation ☆☆☆ Comment		
 <b>Can-do 36</b> Can listen to a conversation about a gadget and understand comments about its different uses.		
Were you able to understand what the four people thought about smartphones? Were you able to understand how each person uses their smartphone? Were you able to listen while making short responses to show you were interested and paying attention?		
<b>2. I'm thinking of buying an electronic dictionary</b>		d/m/y
Evaluation ☆☆☆ Comment		
 <b>Can-do 37</b> Can say in detail what you are looking for in a product, for example, its functions, design, etc.		
Were you able to say in detail what you are looking for in a product? Were you able to decide which product to buy after consulting with a friend or shop assistant?		
<b>3. I bought an amazing gadget</b>		d/m/y
Evaluation ☆☆☆ Comment		
 <b>Can-do 38</b> Can explain the convenient points of a gadget that you use, and how to use it.		
Were you able to explain the functions of the gadget? Were you able to say how you use it yourself? Were you able to say how your life changed before and after you started using it?		
<b>4. Which of Doraemon's gadgets would you most like?</b>		d/m/y
Evaluation ☆☆☆ Comment		
 <b>Can-do 39</b> Can read a ranking article from a magazine, the Internet, etc., and more or less understand, for example, the results of a survey and the comments of the respondents.		
Were you able to understand the results of a survey? Were you able to understand what kind of gadgets the ones described in the article were?		
<b>5. Please sell it to me</b>		d/m/y
Evaluation ☆☆☆ Comment		
 <b>Can-do 40</b> Can write what you are looking for in a product on, for example, a message board on a Japanese community site.		
Were you able to explain what you are looking for in the product? Were you able to write other things you require?		

TOPIC  
8

## Convenient gadgets

My  
phrases

---

---

---

---

---

---

---

---

---

---

Record of experiences of Japanese language and culture



Make a note of things you have done related to the topic. If you have any photos or other material, put them in a file so that you can introduce them to other people.

1. Things you experienced in the classroom

2. Things you did 'Outside the Classroom'

3. Other things you did



**TOPIC**  
**9**
**Traditional festivals**
 Can-do をチェックしましょう

★☆☆ : I did it, but could do it better.   ★★☆☆ : I did it.   ★★★ : I did it well.

<b>1. The festival is on until the 7th</b>		d/m/y
	<b>Can-do 41</b> Can watch a programme, on TV, the Internet, etc., that introduces an event, and more or less understand what kind of festival/event it is.	Evaluation ☆☆☆ Comment
Were you able to understand when and where the festival/event takes place? Were you able to understand what kind of things people do at the festival/event? Were you able to guess the meaning of words from the context?		
<b>2. Even I was dancing</b>		d/m/y
	<b>Can-do 42</b> Can talk with a certain level of detail about one's experience and impressions of a festival, event, etc.	Evaluation ☆☆☆ Comment
Were you able to say in detail what you did at the festival or event? Were you able to say, after taking part in a festival or event, what you thought of it, and give your impressions and make comments? Were you able to use a variety of expressions for adding emphasis?		
<b>3. The highlight of the festival is...</b>		d/m/y
	<b>Can-do 43</b> Can describe in simple terms, for example, the things you have to be careful of and the highlights of a festival or event.	Evaluation ☆☆☆ Comment
Were you able to explain in simple terms what kind of festival/event it is? Were you able to explain the highlights of the festival or event? Were you able to add comments such as things you should be careful of?		
<b>4. My first Christmas</b>		d/m/y
	<b>Can-do 44</b> Can read a blog about a festival or event and understand the writer's experiences and impressions.	Evaluation ☆☆☆ Comment
Were you able to understand what kind of event the writer experienced? Were you able to understand what kind of impressions the writer had of the event?		
<b>5. Festival experiences</b>		d/m/y
	<b>Can-do 45</b> Can introduce in simple terms one's experiences and impressions of a festival or event that one has taken part in, on a social network website.	Evaluation ☆☆☆ Comment
Were you able to write when, where and what kind of experiences you had? Were you able to explain things that surprised you and things that left an impression on you?		

**TOPIC**  
**9**
**Traditional festivals**
**My  
phrases**


---



---



---



---



---



---



---



---

**Record of experiences of Japanese language and culture**


Make a note of things you have done related to the topic. If you have any photos or other material, put them in a file so that you can introduce them to other people.

**1. Things you experienced in the classroom**
**2. Things you did 'Outside the Classroom'**
**3. Other things you did**
